

# Get in the Game.

Start exploring your career and education today!



## Get started exploring your options with the five simple steps below.



### **STEP 1: How do I identify my career interests?**

Assess yourself. Assessments help you identify how your traits (such as interests, skills, and abilities) match occupations. Download ability, interest, and work importance assessments on O\*NET ([www.onetcenter.org/tools.html](http://www.onetcenter.org/tools.html)).

### **STEP 2: Where can I explore various careers and industries?**

Visit CareerOneStop ([www.CareerOneStop.org](http://www.CareerOneStop.org)) for the latest information about green careers, employment trends, and occupations with the most openings. Explore more than 1,800 industries and discover which occupations are growing fastest and have the largest employment ([www.CareerOneStop.org/ExploreCareersStudents](http://www.CareerOneStop.org/ExploreCareersStudents)).



### **STEP 4: How do I pay for my education?**

Find possible options to pay for your education at CareerOneStop ([www.CareerOneStop.org](http://www.CareerOneStop.org)). Select Education + Training for financial aid information (grants, loans, scholarships, etc.).

### **STEP 5: How do I gain experience?**

Use the Career Exploration tool on America's Career InfoNet ([www.careerinfonet.org/explore/View.aspx](http://www.careerinfonet.org/explore/View.aspx)) to find ways to gain skills and experience, including internships and work-based learning opportunities.



### **STEP 3: Where do I find education options?**

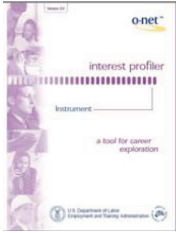
Select Education + Training at CareerOneStop ([www.CareerOneStop.org](http://www.CareerOneStop.org)) to explore school and program options.



## Electronic Career, Education & Employment Tools

### Match Interests and Abilities to Jobs

**O\*NET, the Occupational Information Network**, ([www.onetcenter.org/tools.html](http://www.onetcenter.org/tools.html)), offers a set of self-guided career assessment tools to help you make career decisions. Available online at no fee to download for personal use or in a career center are five tools:



- O\*NET Ability Profiler
- O\*NET Work Importance Locator
- O\*NET Interest Profiler
- O\*NET Work Importance Profiler
- O\*NET Computerized Interest Profiler

Each assessment provides a list of related occupations that match your abilities, interests, or work values.

### Watch Career Videos

**Explore Careers** ([www.CareerOneStop.org](http://www.CareerOneStop.org)) provides videos for 450 careers, 23 competitive skill sets and abilities, five industries, and six different work options, including 250 in Spanish. All videos are available to view or download for no fee and may be used for personal use or training settings. Examples of the career videos include:

- Aerospace engineers
- Robotics technicians
- Software engineers
- Microbiologists
- Environmental engineers
- Film laboratory technicians



### What Do You Like?

**Explore Career Information from the Bureau of Labor Statistics** ([www.bls.gov/k12](http://www.bls.gov/k12)) is a nationally recognized source of career information, designed to provide teens with assistance in making decision about their education, training options, and future work lives.



### Related Resources

**Browse Occupations** ([www.CareerOneStop.org](http://www.CareerOneStop.org)) provides national, state, and local career, education, and employment information. For example, create an occupation profile for registered nurse by selecting “Explore Careers” and then “Occupation, Browse.” The profile includes current and projected job openings both within a selected state and throughout the United States.

**YouthBuild** is a highly successful alternative education program that assists youth who are often significantly behind in basic skills with obtaining a high school diploma or GED credential. ([http://www.doleta.gov/youth\\_services/YouthBuild.cfm](http://www.doleta.gov/youth_services/YouthBuild.cfm))

**Job Corps** provides youth with an opportunity to develop skills they need to succeed in a promising career. (<http://jobcorps.dol.gov>)

**Kids.gov** organizes over 1,200 Web site links that provide information on careers and educations for grades K-5, 6-8, and educators. (<http://www.kids.gov>)

