Is a criminal record keeping you from jobs or training?
Find easy-to-use tools and resources to help overcome the many challenges faced by job seekers with a criminal record. www.CareerOneStop.org/ExOffenders

Not sure which kind of work is right for you?
• Take a survey of skills and interests and find careers that match.
• Learn about different careers and any work restrictions due to your conviction.
• Set goals to find a job in your chosen career.

Check your skills: need more training?
• Need your high school equivalency/GED®? Find local contact information.
• Find basic skills training like math, English, and computer use.
• Learn about training programs, some as short as one month, to improve your career prospects.
• See information on colleges in your area, and learn how to pay for college.

Ready to search for jobs?
• Find out how to handle your conviction on job applications and in interviews.
• Learn about gathering personal records, writing a resume, and getting job references.
• Link to job listings.
• Learn how to talk about the benefits for employers who hire ex-offenders.

Need housing, food support, or medical care to be ready to go to work?
• Find out where to get your driver’s license and collect your vital records.
• Locate basic needs support, legal assistance, sobriety programs, and more.
More CareerOneStop Resources

mySkills myFuture
www.mySkillsmyFuture.org
Helps laid-off workers and other career changers explore new careers that may use the skills and experience gained in previous jobs.

Worker ReEmployment
www.CareerOneStop.org/ReEmployment
Employment, training, and financial assistance for laid-off workers.

Veterans ReEmployment
www.CareerOneStop.org/ReEmployment/Veterans
A one-stop website for employment, training, and financial help after military service.

Business Center
www.CareerOneStop.org/BusinessCenter
A one-stop source for help hiring, training, and retaining a strong workforce.

Job Search Help for Ex-Offenders
www.CareerOneStop.org/ExOffenders
Tools and resources to help job seekers with a criminal record explore careers, get training, and find a job.

Disaster Recovery Services
www.CareerOneStop.org/DRS
Quick access to a range of employment and related resources for people and businesses impacted by floods and other recent disasters.

Competency Model Clearinghouse
www.CareerOneStop.org/CompetencyModel
Validated industry competency models and tools to build a custom model and career ladder/lattice for your industry.

For information about jobs, training, and career resources call 1-877-US2-JOBS or TTY 1-877-889-5627.

Follow CareerOneStop on:  

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www.CareerOneStop.org

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