

# Job Search Help for Ex-Offenders



## Is a criminal record keeping you from jobs or training?

Find easy-to-use tools and resources to help overcome the many challenges faced by job seekers with a criminal record. [www.CareerOneStop.org/ExOffenders](http://www.CareerOneStop.org/ExOffenders)

### Not sure which kind of work is right for you?

- Take a survey of skills and interests and find careers that match.
- Learn about different careers and any work restrictions due to your conviction.
- Set goals to find a job in your chosen career.

### Check your skills: need more training?

- Need your high school equivalency/GED®? Find local contact information.
- Find basic skills training like math, English, and computer use.
- Learn about training programs, some as short as one month, to improve your career prospects.
- See information on colleges in your area, and learn how to pay for college.

### Ready to search for jobs?

- Find out how to handle your conviction on job applications and in interviews.
- Learn about gathering personal records, writing a resume, and getting job references.
- Link to job listings.
- Learn how to talk about the benefits for employers who hire ex-offenders.

### Need housing, food support, or medical care to be ready to go to work?

- Find out where to get your driver's license and collect your vital records.
- Locate basic needs support, legal assistance, sobriety programs, and more.

# More CareerOneStop Resources

## mySkills myFuture

[www.mySkillsmyFuture.org](http://www.mySkillsmyFuture.org)

Helps laid-off workers and other career changers explore new careers that may use the skills and experience gained in previous jobs.

## Worker ReEmployment

[www.CareerOneStop.org/ReEmployment](http://www.CareerOneStop.org/ReEmployment)

Employment, training, and financial assistance for laid-off workers.

## Veterans ReEmployment

[www.CareerOneStop.org/ReEmployment/Veterans](http://www.CareerOneStop.org/ReEmployment/Veterans)

A one-stop website for employment, training, and financial help after military service.

## Business Center

[www.CareerOneStop.org/BusinessCenter](http://www.CareerOneStop.org/BusinessCenter)

A one-stop source for help hiring, training, and retaining a strong workforce.

## Job Search Help for Ex-Offenders

[www.CareerOneStop.org/ExOffenders](http://www.CareerOneStop.org/ExOffenders)

Tools and resources to help job seekers with a criminal record explore careers, get training, and find a job.

## Disaster Recovery Services

[www.CareerOneStop.org/DRS](http://www.CareerOneStop.org/DRS)

Quick access to a range of employment and related resources for people and businesses impacted by floods and other recent disasters.

## Competency Model Clearinghouse

[www.CareerOneStop.org/CompetencyModel](http://www.CareerOneStop.org/CompetencyModel)

Validated industry competency models and tools to build a custom model and career ladder/lattice for your industry.

For information about jobs, training, and career resources call 1-877-US2-JOBS or TTY 1-877-889-5627.

Follow CareerOneStop on:



**Email:** [info@CareerOneStop.org](mailto:info@CareerOneStop.org)  
**www.CareerOneStop.org**

Sponsored by the U.S. Department of Labor  
A proud partner of the American Job Center Network